



Winter Church Office Hours
Tue-Thurs, 2:00-4:30 pm
admiralchurchoffice@gmail.com
or (206) 932-2928



Admiral Congregational United Church of Christ @SJB
3050 California Ave SW, Seattle, WA 98116, www.admiral.church
Pastor Allysa De Wolf, Music Director Sam Peters



February 8, 2026

WORSHIP SERVICE
Rev Allysa De Wolf

Prelude

Welcome & Making Space for Spirit

Grounding Song: "Chainbreaker"

(By Jonathan Smith, Mia Fieldes and Zach Williams)

If you got pain, He's a pain taker,

If you feel lost, He's a way-maker.

If you need freedom or saving, He's a prison-shaking Savior.

If you got chains, He's a chain breaker.

Call to Worship

(Adapted from Ephesians 4)

May we live a life worthy of the calling we have received from Christ.

May we be completely humble and gentle.

May we be patient.

May we bear with one another in love.

May we make every effort to keep the unity of the Spirit through the bond of peace.

May we be kind and compassionate to one another, forgiving each other, just as Christ forgave us.

Shared Singing: "Your Love O Lord", by Third Day

Scripture 1: Acts 20;17-38, NRSVue

Anthem

"We Shall Overcome", African-American Spiritual

Performed by the Admiral Choir

Prayers of the People/ Lord's Prayer

Prayer Response:

O Lord, hear my Prayer O Lord, hear my prayer.

When I call, answer me. O Lord, hear my prayer.

O Lord, hear my prayer, Come and listen to me.

Scripture 2: Ephesians 4:10-20, NRSVue

Finally, be strong in the Lord and in the strength of his power; put on the whole armor of God, so that you may be able to stand against the wiles of the devil, for our struggle is not against blood and flesh but against the rulers, against the authorities, against the cosmic powers of this present darkness, against the spiritual forces of evil in the heavenly places. Therefore take up the whole armor of God, so that you may be able to withstand on the evil day and, having prevailed against everything, to stand firm. Stand, therefore, and belt your waist with truth and put on the breastplate of righteousness and lace up your sandals in preparation for the gospel of peace. With all of these, take the shield of faith, with which you will be able to quench all the flaming arrows of the evil one. Take the helmet of salvation and the sword of the Spirit, which is the word of God. Pray in the Spirit at all times in every prayer and supplication. To that end, keep alert and always persevere in supplication for all the saints. Pray also for me, so that when I speak a message may be given to me to make known with boldness the mystery of the gospel, for which I am an ambassador in chains. Pray that I may declare it boldly, as I must speak.

Sermon:

"Unity", Rev Allysa de Wolf

Discussion

Invitation to Share

Doxology:

"Praise God from Whom all blessings flow"

*Praise God, all creatures here below; Praise God above ye heav'nly host;
Creator, Son, and Holy Ghost*

Shared Singing: "God's Eye is on the Sparrow", NCH 475

Words: Civilla D. Martin, Music: Charles H. Gabriel

Benediction

Postlude